

BUDDHIST ARTS & SCIENCES

SUMMER IMMERSION
COOPERSTOWN, NY
JUNE 16 — JULY 27, 2025

1-6
WEEK
PROGRAM

Choose a single week—or create your own multi-week journey.

This immersive summer program weaves together the Inner Science of meditation and realization with the Outer Arts & Sciences of Buddhist philosophy, healing traditions, fine arts, and life-crafting. Each module is led by renowned teachers and offers both deep study and hands-on experience.

FLEXIBLE FORMAT

Join us for a week, a module, or the full 6-week immersion—whatever suits your path. You may also attend only the programs offered by Phakchok Rinpoche.

INNER SCIENCE TRACK:

JUNE 16 – JULY 4

Fundamentals of Buddhist Thought & Practice

With Tulku Migmar

Explore the core teachings of the Buddha and gain practical tools for meditation and reflection grounded in key philosophical principles.

JULY 5–6

Awakening Dignity (Open to all)

With Phakchok Rinpoche & Shu-Chin Wu

Reconnect with your inherent wholeness and noble heart through teachings that restore inner confidence and clarity.

JULY 7–11

Mahamudra Retreat: Sutra & Siddha Traditions

With Phakchok Rinpoche

Receive profound instruction on the nature of mind based on the Noble Wisdom of the Time of Death Sutra and Tilopa's Ganges Mahamudra.

JULY 12

Trinley Nyingpo: Empowerment & Teachings

With Phakchok Rinpoche

Receive the Trinley Nyingpo empowerment of Guru Rinpoche, which is the essential link to be able to practice the Tukdrup Barche Kunsel cycle of treasure teachings, revealed by Chokgyur Dechen Lingpa.

JULY 14–27

Entry into the Mahayana Path

With Tulku Migmar

Delve into the philosophy and meditative training of the bodhisattva path, emphasizing selflessness, emptiness, and compassionate action.

OUTER ARTS & SCIENCES TRACK:

WEEK 1 (JUNE 16–22)

Intro to Buddhist Arts & Sciences

Instructors: Prof. John Makransky & Hilary Herdman

Discover the foundations of the Buddhist worldview and its transformative potential in daily life.

WEEK 2 (JUNE 23–29)

Logical Reasoning: Knowing the World, Knowing the Mind

Instructor: Seth Auster-Rosen

Study key philosophical insights from the four major Buddhist schools, linking observation with introspection.

WEEK 3 (JUNE 30–JULY 4)

Medicine & Fine Arts: Inner-Outer Harmony

Instructor: Tawni Tidwell

Learn how Tibetan medicine and iconography support wellness and spiritual growth.

WEEK 4 (JULY 7–11)

Artisanry & Medicine: Crafting One's Life

Instructor: Tawni Tidwell

Engage practical life-skills for living in harmony with your environment and community.

WEEK 5 (JULY 14–18)

Calculations: Astrology, Geomancy & Finances

Instructors: Tsipa Tenzin Loden & Richard Woods

Explore traditional sciences that connect time, space, and personal livelihood.

WEEK 6 (JULY 21–25)

Integrating Buddhist Arts & Sciences in Daily Life

Instructors: Hilary Herdman & Robert Offner

Bring it all together with guided mentorship and planning for your life, home, and community.

Whether you're looking for philosophical depth, contemplative retreat, artistic expression, or practical life skills, this summer offers a rare opportunity to explore them all—at your own pace.

Phakchok Rinpoche's teachings—including Awakening Dignity, the Mahamudra Retreat, and the Trinley Nyingpo Empowerment—can be attended separately.

Scholarships available

Learn more and register at:

samyenewyork.org/samye-institute-summer-immersion

